



WHO Collaborating Centre  
for Evidence-Based Health Promotion in Hospitals  
Bispebjerg University Hospital



# Pathways to HP in H&HS

## How to document HP and get reimbursement

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# Background

## Important Factors for Clinical Pathway

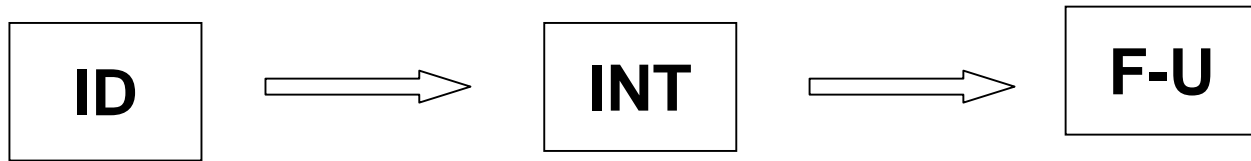
- Disease / Diagnosis
- Treatment
- Organisation
- Patient-related health & co-morbidity
  - **Health status:** physical inactivity, malnutrition, smoking, harmful drinking and overweight
  - Co-morbidity: lung disease, cardiac disease, diabetes, stroke, etc



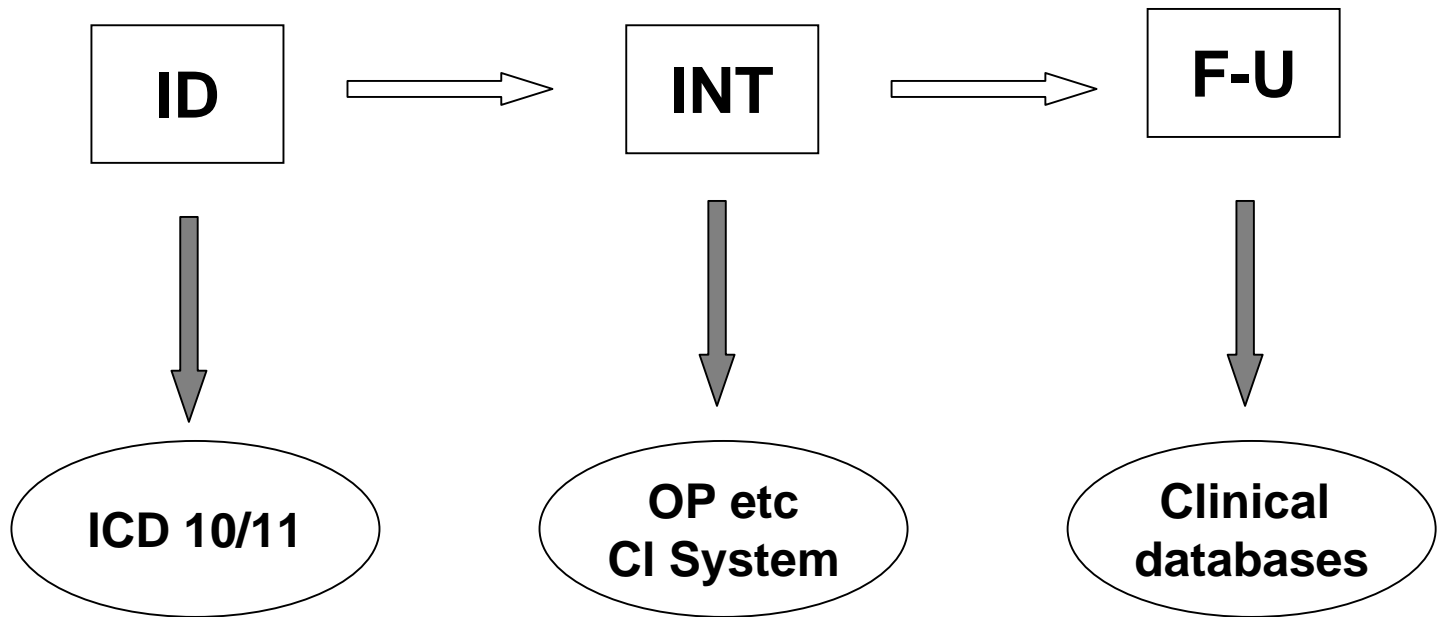
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# Clinical pathway



# Documentation in PAS





# Challenge for documentation of HP in H/HS

Decide if you want to

- Build a new patient administrative system (PAS)
- Fit into the existing PAS



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# Documentation of HP int Previous HPH Task Force



- HPH Networks developed and successfully evaluated a model for the systematic registration of hospital-based HP activities and the relation to reimbursement through the DRG process
- Tønnesen H, et al. *An Evaluation of a Model for the Systematic Documentation of Hospital Based Health Promotion Activities: BMC Health Services research 2007, 7:14*

# 7 codes for motivational counselling

- Tobacco **XX01**
- Alcohol **XX02**
- Nutrition **XX03**
- Physical activity **XX04**
- Psycho-social relation **XX05**
- Other risk factors **XX06**
  
- Integrated counselling  
(consisting of several factors) **XX07**



# 8 codes for intervention, rehabilitation, after-treatment

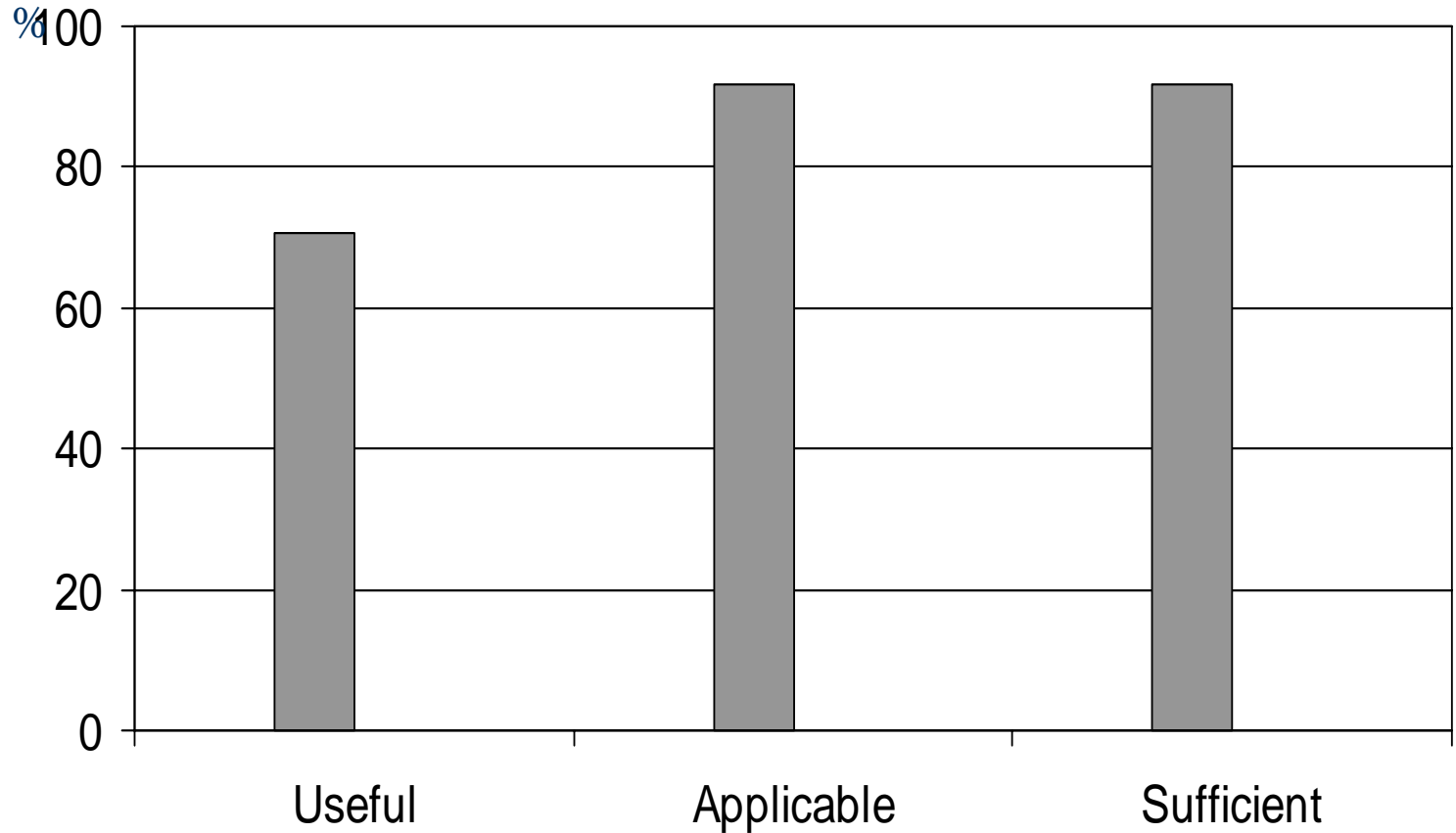


- Tobacco cessation **YY01**
- Alcohol intervention **YY02**
- Nutrition **YY03**
- Physical activity **YY04**
- Psycho-social support **YY05**
- Medical optimisation **YY06**
- Patient education **YY07**
  
- Integrated rehabilitation  
(consisting of several elements) **YY08**

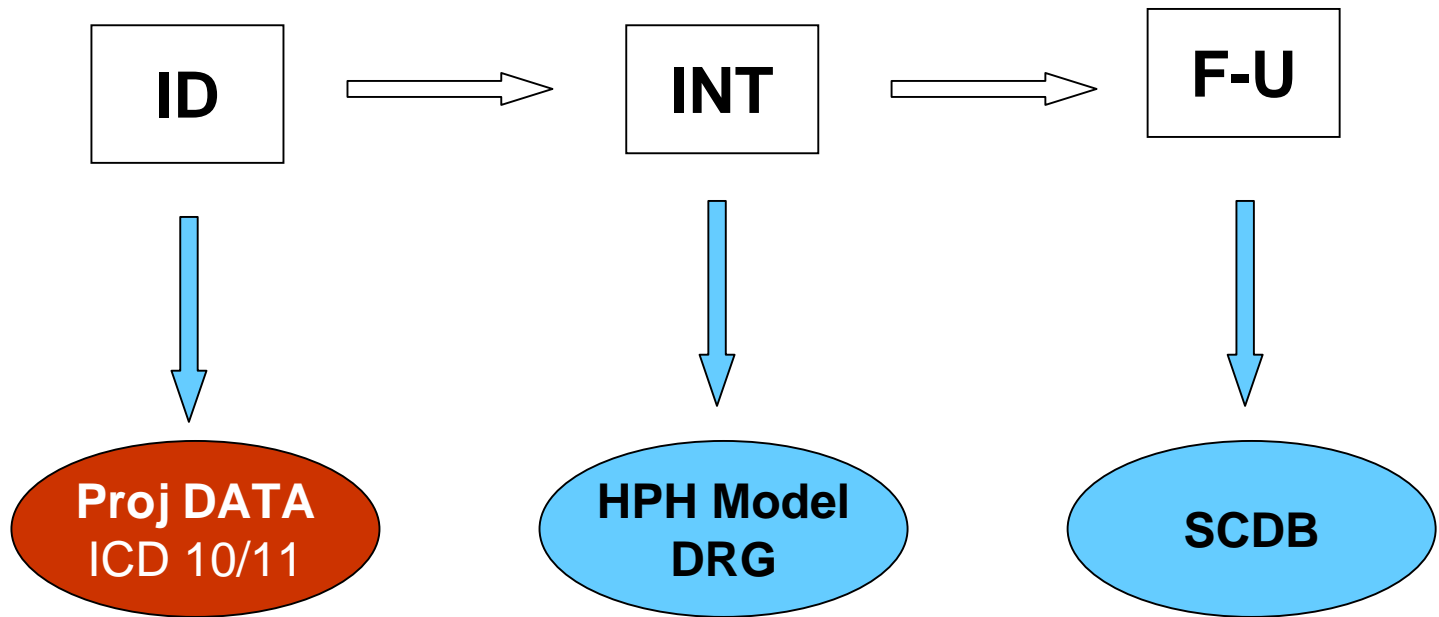


# Questionnaire

## Response 84%

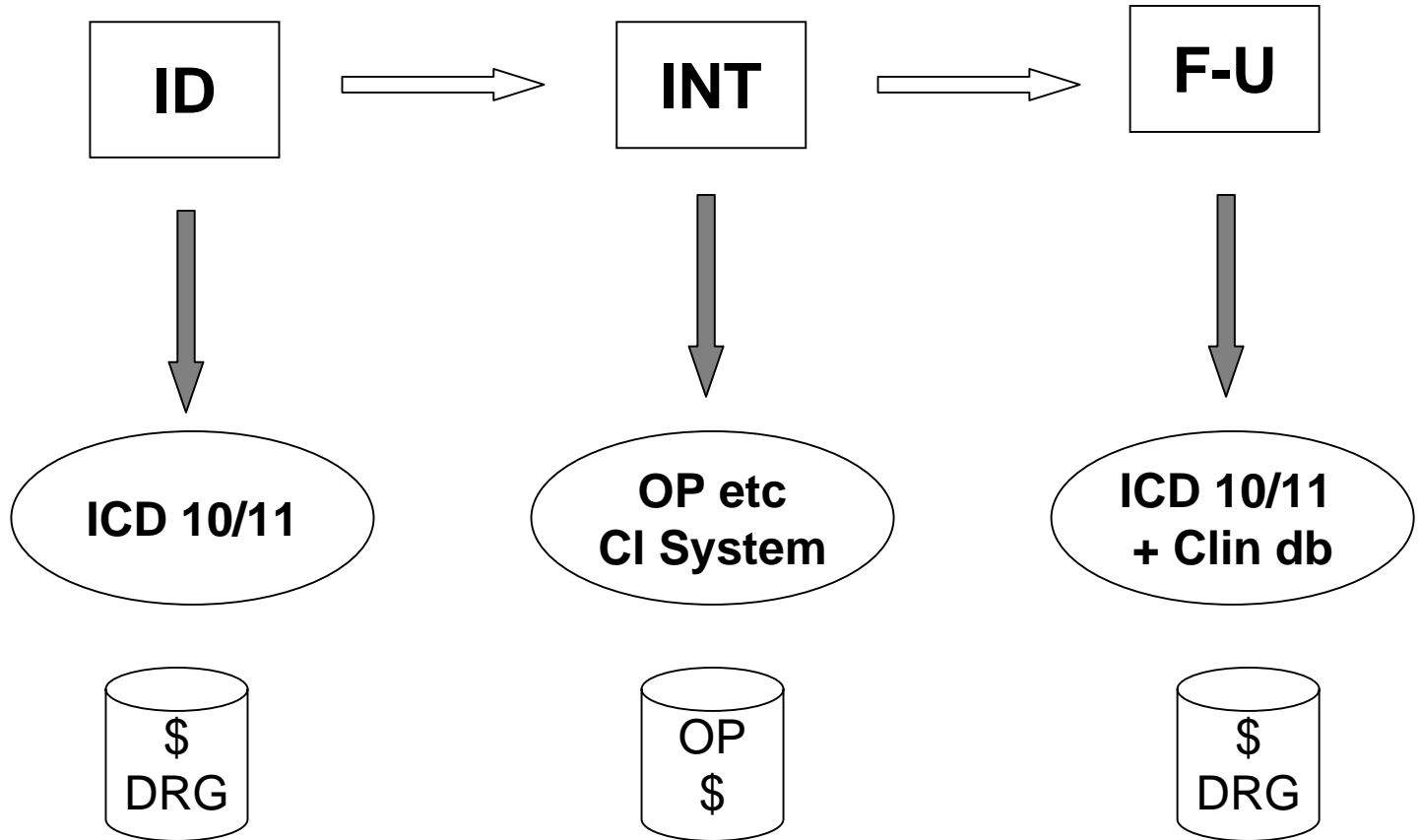


# Documentation: HP in H/HS



Presentation today 16.45 –  
18.15 (Parallel Session II)

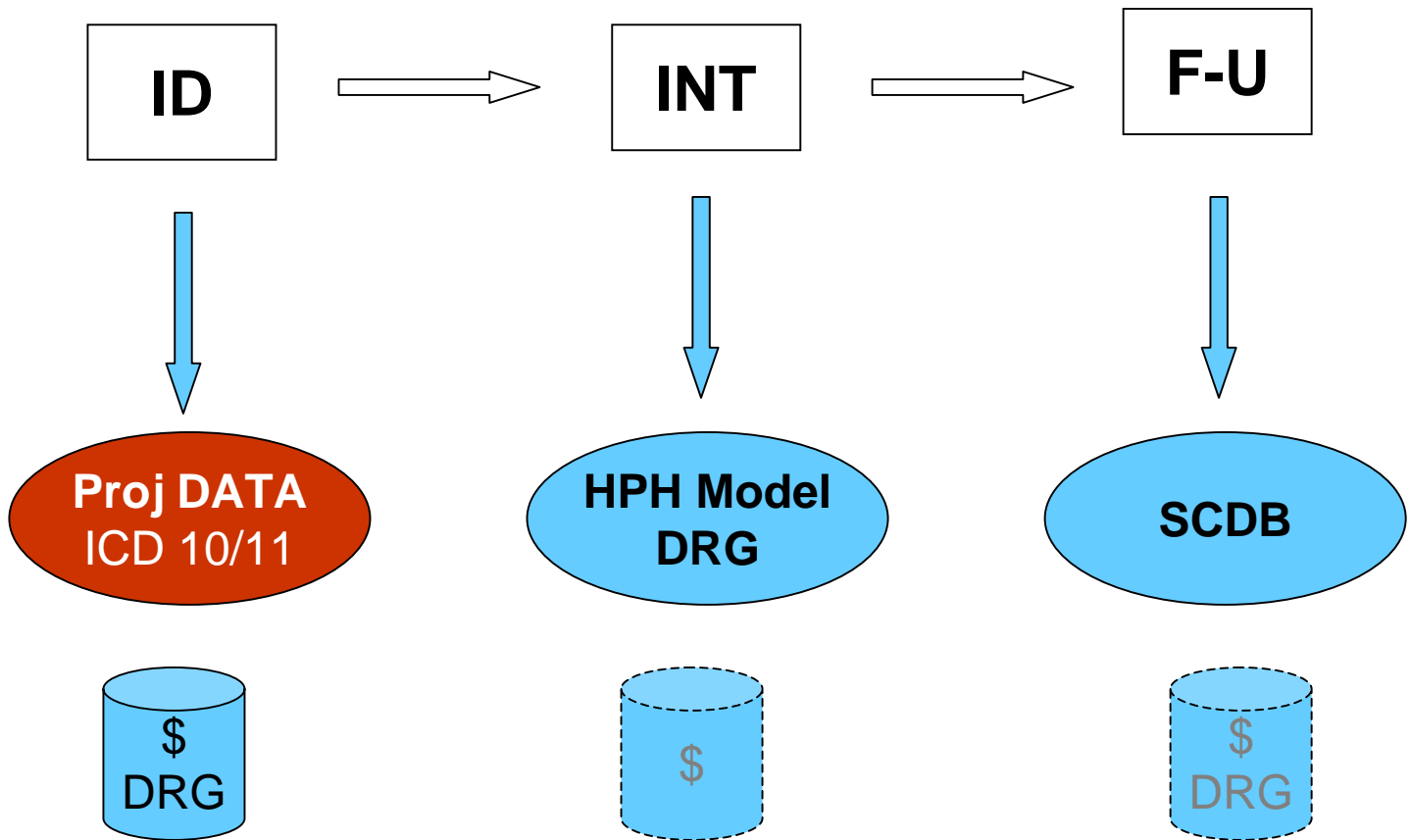
# Reimbursement - DRG



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# Reimbursement: HP in H/HS





# Re-imbursement

## Models and examples

- To lift out part of DRG-budget for physiotherapy, which then document the activities separately (Denmark – price = salary for physiotherapists )
- To lift out part of DRG-budget for identification and referral to existing HP clinics in- or outside H/HS (Sweden – reduced price = 6€ extra per patient)
- To establish a separate department / ward for HP activities, and document as other out-patient clinic visit (Denmark – full price)